



CHERIE DOYEN

To know Cherie is to be transformed by her. My family was torn apart by alcoholism and other deep wounds. We were a mess. She taught me to take responsibility for my own happiness and that of my children, risk rejection and face the truth even if it's ugly, live authentically instead "pleasing to survive" and best of all: BE A MOM who honors, respects, listens to and guides her children into their destiny. My children now know their worth and have taken responsibility for their lives, as well. We can laugh, play and LIVE again as a family.

-Lisa Schneider

BIO

Cherie's own life is a testimony to her motivation, determination and healing power. I knew her when she still carried her childhood sorrows and began to seek healing through meditation and other spiritual practices. Her transformation was profound. I could feel the light and joy around her as she grew so beautifully into her sacred purpose, which she now shares with many others.

Cherie Doyen is a relentlessly passionate advocate for children (small and grown) who have been subjected to physical, sexual and emotional abuse, as well as for the prevention of domestic and child abuse by educating children on how to get help. The focus of her work is to help victims who have struggled through trauma move out of the reactionary mode of PTSD into the action of life.

Through her one-on-one and group work as a PTSD change agent, she offers tangible tools and personalized strategies to diffuse emotion around trauma and begin the process of rebuilding one's life to not just survive, but truly thrive. Her unique approach supports personal responsibility and support through the healing of a client's PTSD "timeline" while guiding the individual through the learning process of conscious choice making.

The mother of two daughters, grandmother of two and former mother of two foster children, Cherie's personal healing journey through childhood trauma began in earnest after her children were grown. Flashbacks caused her tremendous internal torment and continuous overwhelm. She began a spiritual quest that led to unraveling the "old familiar voices" of her childhood. Reconnecting with nature and its healing wisdom, she grew stronger as she gained clarity and a higher perspective about her situation.



Changing
YOU changes
everything.

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BIO *(continued)*

CHERIE'S PERSONAL STORY:

Cherie's inner quest led her to experience a variety of synchronistic interactions with shamans from the US and Ireland. They facilitated a journey into her past from the beginning of her timeline when the first act of violence happened, and helped her establish a direct connection to the Divine. Through these interactions, Cherie's deep mission began to emerge. "The shaman from Ireland spoke of his children and the menial value adults give them," Cherie recalls. He said, 'They are the ones. We need to heal moms so that our children can live the life of the Creator's design.' That was the spark that ignited my life's work."

Cherie's personal transformation led her to study a variety of subjects with renowned teachers, including meditation and mind science with Dr. Deepak Chopra and Dr. David Simon (among others), Matrix energetics with Richard Bartlet and Mellisa Joy, medical intuition and emotional intuition with Mona Lisa Schultz and at Carolyn Myss' Holos University. She was an entrepreneur and business owner for 20 years before transitioning into her current work. She has a degree in metaphysical psychology from the University of Sedona and is an ordained minister through Sedona University, as well.

CHERIE'S WORK AS A CHANGE AGENT:

Frustrated by the current standards for how our society deals with the struggles that women and children face, and the failure of the reactionary family law system to support and keep them safe, Cherie works on a daily basis to change the laws around domestic violence, women and children's rights, the world of foster care, and the constant separation of the family—specifically, mothers from their children. "Children are systematically placed with their sexual abusers," she has witnessed. "Who is fighting for our children's safety? This has to change." In 2013, she completed CASA training in Columbia, Missouri.

Cherie diligently speaks out across various media platforms to promote awareness and incite positive change. "Animals get fairer treatment and more concern from our society at large than the plight of our children," Cherie says. "Our children are committing suicide. They are falling into the hands of predators and we are to blame—not the government or laws, but us as parents. We have to choose a different world, and that begins at home with the healing of ourselves and the nurturance of our children."

CHERIE'S NONPROFIT:

Cherie is the founder of Women Rising, a nonprofit dedicated to gathering women to collaborate on initiatives that are changing the world for the better. "We as women have birthed everyone here," Cherie comments. "In the bigger picture of humanity, we are moms to everyone." Her dream is to open Women Rising Sanctuary in Columbia, Missouri, a safe home for women and children in transition.

CHERIE'S PUBLISHED WORKS:

Cherie is the author of *Junebug*, a quasi-autobiographical childhood tale of surviving sexual abuse and emotional trauma by imaging an other-worldly animal guide who kept her safe from harm. Her illustrated children's book, *Spirit Animals: A Field Guide From A to Z* will be released by StoryBook Genius Publishing in late 2017.

She is also the radio host for "Untangle Your Story", available for listening on iTunes and blogTalkRadio. Her work has been featured in numerous media outlets, including the *Columbia Tribune* and *Vox Magazine*.

Today, Cherie's life is filled with joy as she embraces her calling to share what she has learned and to guide others through their struggles so they can stand tall in their power and dignity.



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SPEAKING

NEED A SPEAKER?
BOOK CHERIE FOR YOUR EVENT.

Cherie Doyen is an impassioned advocate for domestic and sexual trauma survivors. She delivers a powerful and change-provoking message aimed at activating action towards personal growth and conscious choice making. Cherie has presented keynotes, workshops, webinars and group sessions on topics that most others are afraid to face head on. Cherie's compassionate heart combines with her deep experience with healing through trauma to help audience members and listeners gain courage to change their lives.

Cherie is available for:

- Keynote speeches
- Conference workshops
- Training and development
- Online tele-seminars and podcasts
- Special events
- Corporate, leadership and organizational retreats

SIGNATURE TALKS

Spiritual Gifts or Mental Illness?

So often, the world places labels of dysfunction around our brilliance. As a collective society, our tendency is to deny spiritual brilliance and rank that which we can only understand as "normal", "average" or "below average." In this presentation, you will learn how and why mental illness and spiritual brilliance can stand side by side in our human experience. It's common for victims of trauma to experience a heightening of their senses, often calling in extrasensory skills like clairvoyance, telepathy and astral travel (disassociation) to manage having to live in a hyper-vigilant state. In this talk, you will learn how to untangle the label of mental illness "disorders" and see these skills for what they are: gifts that can move us out of unhealthy reaction to healthy action.

Changing the Face of PTSD

Trauma and its effects are not limited to adults. Children who experience trauma often utilize their gifts to maneuver life within a continual compounded timeline of trauma after trauma. In this presentation, you will discover how quantum physics and theories on alternate realities will help us gain understanding into how to put the fragmented pieces of our soul back together again. This talk is geared towards adults of childhood trauma or the parent or guardian of a child who has experienced trauma.

Mother Earth, Momma Bear, Maternal Force

We are living in a world where many of our children are being used and exploited as a commodity. This situation will only change when we step up as mothers, fully honoring this role and right to give life as the highest calling. As creators of life, owning the power and deep privilege that motherhood affords us can change the world. In this talk, we will discuss topics such as standing up and fighting for what is right or our children, not looking to the system and laws to fix problems that are created in our homes, and how the maternal force can move mountains.

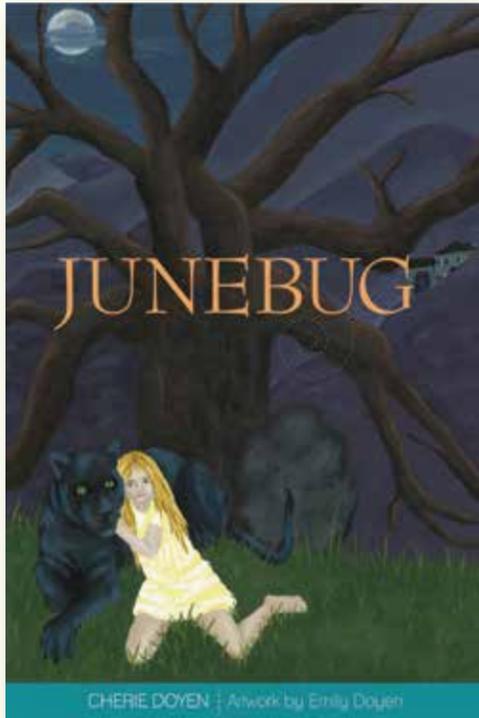


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AUTHOR



Junebug

LitFire Publishing

Available at

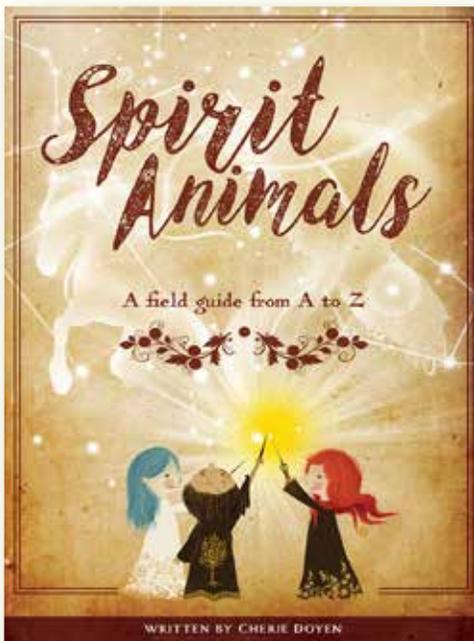

Cherie's final step in healing through her own childhood trauma was to write her story. It was the most difficult yet most fulfilling thing she has done to date, as it brought catharsis and clarity to her life.

Synopsis:

In small town Missouri, young June fights to reclaim her body and spirit after enduring years of abuse at the hands of the people who claim to be her family. She gains strength and courage by discovering a magical place beyond time and space where there is safety and order.

Not knowing if this place is real or if adults are even allowed, June finds her way back to the land of her beloved guardian and protector, Tigua, a ginormous black panther. She meets up with a teacher and seer from the village of the elders on the other side of Rainbow Bridge, which only appears for those who are called. Here, she is shown the final pieces of her spotty memory, the secrets that had been circulating through her body like a deadly virus. Finally washed clean of the decay, she walks forward, empowered by the wisdom of her truth.

Initially released in 2013, *Junebug* is being reissued as a second edition in April 2018.



COMING IN 2018:

Spirit
Animals:
A Field
Guide
From
A to Z

StoryBook Genius
Publishing

Heidi Cozart

This beautifully illustrated book takes children on a journey into the world of animal spirits and the deep wisdom they can unlock in order to give us guidance and teach us about ourselves. It weaves together mystical and evolutionary aspects of our favorite animal friends from A to Z. Each animal listed offers young readers positive ways to interact with the world and call on their animal friends to help them with life's challenges in a magical way. Cherie Doyen's masterfully crafted words will inspire readers to believe in magic again.

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COACHING, PROGRAMS AND COURSES



My life is divided like a book in two parts: BEFORE I met Cherie and AFTER I met Cherie. She is the stitching seam that has helped me integrate my life. I love her and consider her to be my spiritual mom. I will forever be grateful for the difference she has made in my life

—anonymous [to protect her identity and safety]

CHERIE'S ONE-ON-ONE SIGNATURE PROGRAM

**ROADMAP TO JOY:
FROM REACTIONARY PTSD TO ACTIVELY
CREATING A LIFE YOU LOVE**

You are no longer alone. As we come together and join our energies through this personalized program, know that I am your partner in what will be a fast-paced process of integration. In this immersion program, you will work with Cherie one-on-one on a weekly basis for 12 weeks, with unlimited email support and guided affirmations to support your healing.

Our process will be like none other you may have tried. Here's why: In therapy, there is talk about how to get pain and suffering out of the body. The problem with this approach is that it's already outside of you. Through the psyche's ability to disassociate, pieces of yourself have become scattered throughout time as you ran in search of a new and better existence. Meanwhile, the soul has been severed and trapped in a state of suffering.

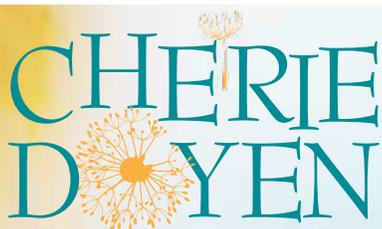
The good news is that the same space of dissociation from where all the abuse was created (and disassociated) is also the space from where you will heal. Through our integration work, you will find joy, laughter and inspiration once more. You will reconnect with your will power and creativity. This process will happen quickly and effortlessly. Beyond your healing, you will learn about conscious choice making so that, going forward, you can be free to create a whole new life for yourself—a world where we get to choose who we are and who we want to be. You will be empowered to be the creator of your own life.

WORKSHOPS

Cherie gives workshops on the power of words/prayer/meditation, as well as a deep-dive integration workshop for those who struggle with PTSD. To learn about Cherie's work with conscious choice making, visit Today I Choose on Facebook.

RETREATS

Cherie's Firefly Women's Rising Retreat is specially tailored for survivors of domestic violence and human trafficking. To learn more, visit cheridoyen.com.



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